

The redesignation form consists of three parts:

Part I - Institutional Profile

Part II - Terms of Reference (TOR)

Part III - Workplan

This redesignation form below, together with the Terms and conditions for WHO collaborating centres will serve as the agreement between the proposed institution and WHO if the redesignation as WHO collaborating centre is approved by WHO. Completion and submission of the redesignation form, however, does not guarantee that the designation will be approved.

Folder eCC 00020769 is in stage Form Completion (Institution)

Name of the University, Hospital, Research Institute, Academy or Ministry

Iran University of Medical Sciences

Name of the Division, Department, Unit, Section or Area

School of Behavioural Sciences and Mental Health, Teheran Institute of Psychiatry

City CC Reference Number

Teheran IRA-22

**Title** 

WHO Collaborating Centre for Mental Health

#### Part I - Institutional Profile

The status of WHO CC is granted to an administrative unit of an institution (i.e. department, division or unit) and not to the institution as a whole in the vast majority of cases. For example, WHO CC status is granted to the Department of Microbiology of the University of ABC and not to the university itself. A WHO CC is not a legal entity. The legal entity is the proposed institution, i.e. the ministry, academy, university, established research institute or hospital, of a part thereof.

In the section entitled "sources of funding" some questions refer to the proposed terms of reference and activities included in the workplan of this proposal. Therefore please limit your responses to what is relevant in relation to the proposed terms of reference and activities included in the workplan.

However, when a question refers to the "proposed institution", please provide information on the legal entity as a whole (for example the University of ABC).

#### Address of the proposed institution

**1.1 Street and number** No1 Shahid Mansuri St., Niayesh St., Sattarkhan Ave.

1.2 CityTeheran1.3 State/Region/Canton/ProvinceTeheran

**1.4 Postal Code** 1445613111

1.5 CountryIRA1.6 WHO RegionEMRO

**1.7 Phone** (98-21) 66513250

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1.8 Fax

1.9 Web site

(98-21) 665 550200

http://www.iums.ac.ir/

If you would like your institution to receive important news and other communications from WHO (unrelated to the work as a WHO CC) such as launching of new WHO campaigns, new WHO publications, etc, please indicate an email address.

#### Staff of the proposed institution

1.10 Name of the director of the institution as a whole

Prof seved kazem malakouti

1.11 - Name and email of the proposed heads of the WHO collaborating centre (Please note this information will be listed in the public database)

Salutation First Name Last Name Email Address

Dr. Seyed.Kazem Malakouti whocc.tip@iums.ac.ir

Salutation First Name Last Name Email Address

Mahmoud Dehghani

- 1.12 Please list the names of professional who will work on the proposed terms of reference or activities of the workplan together with their professional qualifications (e.g. Dr John Smith MPH). Please do not include full resumes or biographies.
- Dr. Seyed Vahid Shariat, psychiatrist
- Dr. Ahmad Hajebi, psychiatrist
- Dr. Maryam Rasoulian, psychiatrist
- Dr. Seyed Kazem Malakouti, psychiatrist
- Dr. Mohammadreza Shalbafan, psychiatrist

Nafee Rasouli, psychologist, MS

- Dr. Sara Nooraeen, MD
- Dr. Shima Ataie, psychologist, PhD
- Dr. Mahdieh Salehi, psychiatrist
- Dr. Behin Araminia, psychiatrist
- Dr. Fahimeh Lavasani, psychologist, PhD
- Dr. Morteza Naserbakht, Social Medicine

#### Sources of funding

NOTE: Private-sector entities in this form refer to three categories: (i) business associations representing commercial enterprises, (ii) entities that are not at "arms' length" from their commercial sponsors, and (iii) partially or fully state-owned commercial enterprises that act like private-sector entities.

An entity that is "at arms' length" from another entity should meet the following three conditions: (i) to be financially and organizationally independent from the other entity, (ii) not to take instructions from the other entity, and (iii) not to be influenced or not reasonably perceived to be influenced in its decisions, activities, mandate and work by the other entity.

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1.13 During the last two years, what percentage of the funding of the proposed institution was core funding? Core funding refers to funding that is received regularly from secure sources, as opposed to ad-hoc contributions.

over 75% regular (core) funding

1.14 Please provide a complete list of donors that provide funding for the proposed institution, such as private-sector organizations, philanthropic foundations, nongovernmental organizations, governments, inter-governmental organizations and members of the public. Please include the full names of all donors, but not the amount donated.

WHO, EMRO, WHO, Iran Office Ministry of Health and Medical Education. Mental Health Office

1.15 Tobacco/arms-related disclosure statement.

Under the WHO Framework of Engagement with non-State Actors, WHO does not engage with the tobacco industry or non-State actors that work to further the interests of the tobacco industry. Moreover, WHO does not engage with the arms industry.

For the purposes of this statement: tobacco industry refers to any entity involved in the manufacture, sale or distribution of tobacco and related products, and any affiliate of such an entity; and arms industry refers to any entity involved in the manufacture, sale or distribution of arms, and any affiliate of such an entity.

To determine whether the proposed institution conforms to this rule, please answer the following questions:

- Is the proposed institution, or was the proposed institution over the last four years, part of the tobacco or arms industries (as defined above)?
- Is the proposed institution, or has the proposed institution over the last four years, engaged in activities that support the interests of the tobacco industry? This includes, but is not limited to, supply contracts, contract work, services and lobbying.
- Does the proposed institution currently, or did the proposed institution over the last four years, have any other association or relationship with the tobacco industry (as defined above)? This includes in particular investment interests (other than general mutual funds or similar arrangements whereby the institution has no control over the selection of the investments), commercial business interests, the provision or receipt of financial and/or other support.
- Does the proposed institution have any formal association, affiliation or links with private-sector entities and other non-State actors whose policies or activities negatively affect human health and are not in line with WHO's policies, norms and standards, in particular those related to noncommunicable diseases and their determinants?

[If yes] Please provide details (i.e. the names of entities, their activities, level of funding).		
By selecting this choice I confirm that the answer to all the questions above is no	V	
The answer is yes to at least one of the questions above. Please provide details		

1.16 Is there any prospect that the proposed terms of reference or activities of the workplan will be funded by one or more private-sector entities that have, or may be perceived as having, a direct or indirect commercial interest in those proposed terms of reference or activities of the workplan?

Yes No Velocities and the level of funding.

1.17 Is any of the proposed terms of reference or activities of the workplan, or is there a prospect that any of the proposed terms of reference or activities of the workplan will be, performed as part of or related to work (research or other) commissioned by private-sector entities?

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# World Health Collaborating Centres Organization REDESIGNATION FORM

Yes No V
[If yes] Please provide the names of these entities, their business activities and the level of funding.
1.18 Is any of the proposed terms of reference or activities of the workplan, or is there a prospect that any of the proposed terms of reference or activities of the workplan will be, funded directly or indirectly by unspecified funds from one or more private-sector entities?  Yes No
[If yes] Please provide the names of these entities, their business activities, level of funding, for what such funding is being, or will be, used and whether the implementation of the proposed terms of reference and activities of the workplan is dependent on the support of one or more of these private sector entities.
1.19 Are the salaries of staff who will work on the proposed terms of reference or activities of the workplan or their posts funded by one or more private sector entities, were they ever funded in this way in the past or could they receive such funding in future?  Yes No
[if yes] Please provide the names of these entities, their business activities, level of funding, for which staff or what posts such funding is being, or will be, used, and the functions of such staff and/or posts.
1.20 Did over the last three years, does currently, or is there a prospect that, any specific staff who will work on the proposed terms of reference or activities of the workplan (including the proposed head(s) of the WHO collaborating centre), have any other interactions, affiliations or relations with, or any other personal, professional, financial or business interests in, one or more private sector entities that could give rise to a real or perceived conflict of interest or reputational risk?
Such risks may exist (i) if the private sector entity has a direct or indirect commercial interest in all or part of the proposed terms of reference or activities of the workplan, or may be perceived as having such interest; (ii) if the business activities of the entity engage with the tobacco industry and /or arms industry; or non-State actors that work to further the interests of the tobacco industry; or (iii) if the private sector entity has a vested interest in exerting influence on the proposed terms of reference or activities of the workplan and/or their outcome or may be seen as having such interest.
Interactions, affiliations, relations with, or other personal, professional, financial or business interests include, but are not necessarily limited to, collaborative projects or initiatives, employment, consultancy, investment interests (e.g. stocks, bonds, stock options, other securities, but not mutual funds, pension funds or similar investments that are broadly diversified), commercial business interests (e.g., proprietorships, partnerships, joint ventures), patents, trademarks, or copyrights (including pending applications), proprietary know-how in a substance, technology or process.  Yes No Fellows Please provide details.
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nstitutional characteristics

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1.21 What type of entity is the proposed institution?

**Public** 

Please provide details

University



By ticking this box you confirm that the entity you represent is a nonprofit entity.

1.22 Please attach a current organizational chart (1 page) of the institution, including its administrative units such as divisions, departments, sections or areas (whichever structure applies), indicating the one proposed as WHO collaborating centre.

TIP chart.pdf

1.23 Please attach the constitutive documents of the institution you represent e.g. constitution, registration document, by-laws or similar.

C1.PNG

1.24 Number of years the institution is in operation.

more than 10 years

- 1.25 Please list major facilities and any specialized equipment available to the proposed institution (e.g. laboratories, training facilities, documentation centre), if applicable. Please do not list general office space or standard office equipment.
- 1. computer network laboratory
- 2. one-way mirror room
- 1.26 Does the proposed institution currently establish a smoke-free environment across its premises, which can be illustrated either through a documented institutional/departmental policy or through the existence of national/local smoke-free legislation? The smoke-free environment must apply to all indoor workplaces and public places of the institution's premises, and must entail a complete ban of smoking indoors and no areas designated for smoking.

No



I understand that information on my entity and its engagements with WHO that are categorized as public domain will be published in the WHO Register.



The proposed institution agrees with the following Terms and conditions for WHO collaborating centres.

#### Part II - Terms of Reference (TOR)

Please include the proposed terms of reference for the future collaboration between the proposed institution and WHO, as discussed prior to completing this form. In most cases, 1-3 TOR will be sufficient to provide a high-level framework of the future collaboration. For redesignations, the current terms of reference is automatically prefilled but can be revised as appropriate.

For detailed instructions on how to fill in this section please click on the link provided at the top of the form.

- TOR 1 Under WHO's direction, support the integration of mental health into primary health care
- TOR 2 Upon request by WHO, scale up mental health services and build capacity of primary health care providers to deliver basic mental health services and interventions in line with the WHO mhGAP initiative.

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TOR 3 As requested by WHO, enhancing mental health literacy to reduce stigma and promote mental health and prevent mental disorders including suicide in countries of the Eastern Mediterranean region

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Part III – Workplan

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Activity

ID 30256 **Activity title** Provide technical guidance on suicide

prevention program development,

implementation and evaluation in Countries of

the Eastern Mediterranean region

Link to TOR

Name(s) of responsible staff at the Dr. Ahmad Hajebi, Dr. Seyed Kazem Malakouti

institution

Coordination of activities carried out by several Type of activity

institutions (e.g. other WHO collaborating

centres)

Why WHO is asking for this activity and how WHO will use the

deliverables?

Integration of mental health component within PHC is one of the core strategies of WHO to enhance access to mental health care and reduce the treatment gap while Reduction in Suicide rates is one of the core indicators related to mental health both in GPW 13 and Global action plan for mental health in addition to being an indicator related to 3.4.1 SDG target .This will thus help WHO in reporting on the SDGs as well on the GPW 13 targets

What concrete actions will be taken by the designated institution? Be specific.

Upon request by WHO, provide technical guidance to WHO on the development of national suicide prevention strategies/ programs in countries like Afghanistan, Pakistan, Syria, Tunisia and Iraq. Provide guidance on scale up of implementation of the Suicide prevention program in Iran for WHO's

consideration

What will be WHO's role in this

activity?

WHO will lead the liaison with Member States and communicate requests from Member States as appropriate. Coordination and technical support for development of national policies and programs, dissemination/sharing

of information to MS as WHO deems

appropriate

**Expected deliverables** A report provided each year on the technical

guidance provided to WHO on the setup of national suicide prevention programs in Countries of EMR and Evaluation of Suicide

prevention programs

Intellectual property rights IP rights of ALL deliverables belong to the

WHOCC as per paragraphs 3.1.1 and/or 3.2.1

of the Terms and Conditions

Name(s) of funding sources Institution's budget, WHO may partially

contribute to this activity

**Activity timeframe** July 2020- December 2024

This activity has been specifically developed for the workplan of the WHO collaborating centre and does not constitute a standard activity of the

institution without WHO involvement.

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Activity

ID 30257 **Activity title** Conduct research to reduce stigma associated

> with mental health and minimize discrimination faced by persons with mental health problems

Link to TOR TOR3

Name(s) of responsible staff at the Dr. Mohammadreza Shalbafan and Dr Behin

institution

Araminia

Research Type of activity

Why WHO is asking for this

deliverables?

Stigma is an overarching problem with its activity and how WHO will use the attendant discrimination contributes to perpetuation of outdated models of care. minimal allocation of resources for mental

health and human right abuses. The result is a massive treatment gap for mental health problems despite availability of cost effective and affordable interventions. The research will be considered by WHO in WHO's development of a regional action plan and initiatives to address the issue of stigma and discrimination in countries of the region. By identifying and removing the barriers of establishing and expanding the cost-effective mental health services, this activity is related to mental health both in GPW 13 and Global action plan for mental health in addition to being an indicator

related to 3.4.1 SDG target.

What concrete actions will be taken by the designated institution? Be specific.

Literature review about the cost effective antistigma interventions for WHO's consideration in the development of a regional action plan for reducing stigma and promoting Public mental

health literacy

What will be WHO's role in this

activity?

WHO will provide advice on the technical requirements and knowledge gaps to guide the

development of the literature review

**Expected deliverables** Literature review on mental health stigma,

> (cultural believes, barriers against the provision of mental health services, public and policy makers attitude), cost-benefit interventions. and providing practical guides for further planning and implementation of anti-stigma programs in the member states of the region

Intellectual property rights

IP rights of ALL deliverables belong to the WHOCC as per paragraphs 3.1.1 and/or 3.2.1

of the Terms and Conditions

Name(s) of funding sources The Institution's Budget

**Activity timeframe** September 2020 -- December 2024

This activity has been specifically developed for the workplan of the WHO collaborating centre and does not constitute a standard activity of the

institution without WHO involvement.

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Activity

**ID** 30258

Activity title Using e-health technology for suicide

prevention

Link to TOR TOR1

Name(s) of responsible staff at the Dr. Seyed Kazem Malakouti; Ms. Nafee

institution Rasouli, Dr. Sara Nooraeen

**Type of activity** Development and application of appropriate

technology

Why WHO is asking for this activity and how WHO will use the

deliverables?

Reduction in Suicide rates is one of the core indicators related to mental health both in GPW 13 and Global action plan for mental health in addition to being an indicator related to 3.4.1 SDG target.WHO will be able to benefit from this development to scale up Suicide prevention activities and overcome the

socio cultural barriers

What concrete actions will be taken by the designated institution? Be specific.

Lead the development of e-health technology platform for suicide prevention which can be used by Farsi language countries like Afghanistan and Tajikistan in the short term and support the adaptation of the platform for

use in other countries.

What will be WHO's role in this

activity?

technical support for development of instruments for suicide prevention and guidance to evaluate the efficacy and cost-

benefit of this platform.

**Expected deliverables** Suicide prevention intervention platform

Efficacy and cost effectiveness study

Intellectual property rights IP rights of ALL deliverables belong to the

WHOCC as per paragraphs 3.1.1 and/or 3.2.1

of the Terms and Conditions

Name(s) of funding sources Iran University of Medical Sciences, deputy of

research and Iranian Scientific Society for Suicide Prevention, WHO depending on availability of resources might contribute

Activity timeframe September 2020 -- December 2024

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institution without WHO involvement.

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Activity

ID 30259 **Activity title** scaling up the capacity of general health care

> personnel to deliver basic mental health services and intervention in line with the

mhGAP initiative of WHO

Link to TOR

Name(s) of responsible staff at the Dr. Maryam Rasoulian, Dr. Shima Ataie

institution

Support WHO in the implementation of WHO Type of activity

programmes and activities at country level

Why WHO is asking for this activity and how WHO will use the

deliverables?

Early diagnosis and management of priority mental health problems through PHC and FPs is one of the key interventions identified by WHO in bridging the treatment gap and enhancing access to mental health care. For this purpose WHO has launched the mhGAP initiative in 2008 and is developed the mhGAP-IG with its suite of implementation support tools and instruments. It is a flagship program of WHO and is part of the DGs special initiative on mental health. It is in line both GPW 13 and Global action plan for

mental health

What concrete actions will be taken by the designated institution? Be specific.

Upon request by WHO: Contextualization of mhGAP -IG for Farsi speaking countries Provide technical expertise on the conduct of

mhGAP-IG Training of Trainers and

Supervisors (ToTs). As and when appropriate. provide technical support on the roll out of mhGAP program in Iran and neighboring countries like Afghanistan, Tajikstan, Pakistan

What will be WHO's role in this

activity?

WHO will lead the liaison with Member States and communicate requests from Member States as appropriate. Technical support and coordination across countries in EMR and

across WHO regions

mhGAP-IG appropriate for FARSI-speaking **Expected deliverables** 

> countries. Report on guidance provided on ToT and mhGAP roll out. Improved the quality of PHC network by scaling up the capacity of PHC personnel and FPs for early recognition and management of priority mental disorders

Intellectual property rights

IP rights of ALL deliverables belong to WHO as per paragraphs 3.1.2 and/or 3.2.2 of the Terms

and Conditions

Name(s) of funding sources Institution's core budget. Ministry of Health,

Mental Health Bureau

October 2020-- December 2024 **Activity timeframe** 

This activity has been specifically developed for the workplan of the WHO collaborating centre and does not constitute a standard activity of the

institution without WHO involvement.

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Activity

**ID** 30260

Activity title Promoting mental health literacy at national

and regional levels

Link to TOR TOR:

Name(s) of responsible staff at the Dr. Fahimeh Lavasani, Dr. Seyed Vahid

Shariat

Type of activity Support WHO in the implementation of WHO

programmes and activities at country level

Why WHO is asking for this activity and how WHO will use the

deliverables?

institution

Increasing mental health literacy is very important in reducing discrimination and providing adequate care. This needs a whole of society approach to have extensive

impact on the society. This is in line of GPW 13 and Global action plan for mental health

What concrete actions will be taken by the designated institution? Be specific.

Literature review to find effective interventions

for increasing mental health literacy.

Support adaptation of the interventions to local

contexts

Support implementing the interventions in

collaboration of all stakeholders . Evaluation of the effectiveness of the

implemented measures.

What will be WHO's role in this

activity?

Technical support on developing the evaluation

plan as well as technical advice on adaptation

of interventions.

**Expected deliverables** 

Literature review

Locally adapted interventions deliverable to

different sub-populations

Increased mental health literacy and reduced

stigma in target population groups.

Intellectual property rights IP rights of ALL deliverables belong to the

WHÖCC as per paragraphs 3.1.1 and/or 3.2.1

of the Terms and Conditions

Name(s) of funding sources Institution's core budget. Ministry of Health,

Mental Health Bureau, WHO

Activity timeframe September 2020-- December 2024

This activity has been specifically developed for the workplan of the WHO collaborating centre and does not constitute a standard activity of the

institution without WHO involvement.

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Activity

ID 30261 **Activity title** Support the third party evaluation of the

national mental health programmes

Link to TOR

institution

Name(s) of responsible staff at the Dr Ahmed Hajebi, Dr. Seyed Vahid Shariat, Dr.

Morteza Naserbakht

Type of activity Support WHO in the implementation of WHO

programmes and activities at country level

Why WHO is asking for this

deliverables?

WHO is seeking to conduct an independent activity and how WHO will use the evaluation of the national mental health programmes in countries of EMR .The evaluation will be helpful to develop a standardized methodology as well as

instruments. This is further useful to showcase the national mental health programmes and WHO to use as a case study for the other countries and regions to implement similar

activities

What concrete actions will be taken by the designated institution? Be specific.

Identification of the evaluation methodology

with WHO

Identification/Modification of technical tools for evaluation based on available instruments

from WHO

Data collection, processing and analysis Support the development of the evaluation

report and case study

Development of report on findings, data, methodology, and analysis for WHO's

consideration

What will be WHO's role in this

activity?

Technical support in developing evaluation methodology, identification of instruments/ tools and consultants to undertake the

evaluation

Validation of the case study/ report. WHO will lead the liaison with Member States and communicate requests from Member States as

appropriate

**Expected deliverables** Evaluation report for the national mental health

programmes and

case study

Intellectual property rights IP rights of ALL deliverables belong to WHO as

per paragraphs 3.1.2 and/or 3.2.2 of the Terms

and Conditions

Name(s) of funding sources The Institution's Budget

October 2020-- December 2024 **Activity timeframe** 

This activity has been specifically developed for the workplan of the WHO collaborating centre and does not constitute a standard activity of the

institution without WHO involvement.

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